

Our Wishlist !



St Mary's House of Welcome has an ongoing need for basic, essential foodstuffs, clothing and toiletries

Hundreds of men and women rely on St Mary's House of Welcome each week for basic, essential items.

We need your help to make sure we are able to continue to give to those who rely on us for everyday items most of us take for granted. We also need a steady supply of staple foodstuffs to continue to provide high quality meals for service users. Donating some of these regularly needed items is a great way for individuals, schools, community groups and organisations to offer practical assistance to people who are homeless—especially those who are sleeping rough.

URGENT WISHLIST 2024

Food

- Instant coffee
- Milk (including long-life milk)
- cup noodles
- cooking oil
- long life ready meals
- coffee sachets/sticks
- small tubs of fruit
- large tins of tuna
- small tins of chicken
- large tins of Spam (ham)
- Canned tomatoes /passata
- muesli bars/breakfast bakes
- Minced beef, beef sausages (must be ordered and delivered from supermarket)
- Sugar

Clothing

- Socks & Underwear (all sizes)

Other items

- Brand new sleeping bags (please, no quilts or blankets)
- Razors
- Deodorant
- Brand new bath towels

Items Urgently Needs for Men We desperately need these items!



Men's Undies—must to be new

Sizes

Sx5, Mx10, Lx10, XLx3



Track Pants & Jeans

Black & Grey

Sizes—S, M & L or 30"x 5, 32"x 10 34"x5

Warm Hoodie Tops

Black, Grey, or Navy

Sizes S x5, Mx10,Lx10 ,XLx5



Men's Socks—must to be new

Sizes 6-10 or 11-14



Razors

Always a need

As below are best



Women's Urgent Needs

- ◆ These items are often available for a good price at Kmart, Coles, Big W, Best & Less

PLUS SIZE



Track Pants and Jeans

Plus Sizes

16, 18, 20, 22

Standard Sizes

S, M, L, XL

12, 14, 16, 18

PLUS SIZE



Basic Runners

Can be picked up from between \$8-\$15

Sizes 7-8-9